



NOTTINGHAM FOREST

Nottingham Forest Football Club
The City Ground Nottingham NG2 5FJ
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RE: Ben Newman

Ben worked at Nottingham Forest Football Club between May and September 2003. As part of the sports medicine team he was directly involved with the treatment, rehabilitation and fitness of the players and medical cover on match day.

I was impressed with Ben's dedication and commitment, firstly in organising his placement overseas, and secondly with his work around the club. He is very quick to learn and can be trusted to work independently or as part of the team. He is proactive in offering solutions or new ideas to problems and has a good knowledge of what is required for footballers to succeed.

He has been directly involved in fitness testing and conditioning, rehabilitation of injured players, off season preventative programmes and individual player programmes. He has also managed the medical cover for Youth team match days.

Everyone around the club has been impressed by Ben's attitude and he has the respect of both coaches and players alike. I would have no hesitation in recommending Ben for a position in professional sport and I am sure he will succeed in his chosen career in the future.

Andrew Hunt MSc MCSP SRP
Head Academy Physiotherapist
Nottingham Forest Football Club

Winners of the European Cup 1979 & 1980

Football League Champions 1977-78 & 1997-98 • Runners-up 1966-67 & 1978-79
FA Cup Winners 1898 & 1959 • FA Cup Runners-up 1991
Football League Cup Winners 1978, 1979, 1989 & 1990 • Runners-up 1980 & 1992
European Super Cup Winners 1980 • Football League Victory Shield 1919

